



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## **DIVING LESSONS**

The YMCA helps youth develop valuable skills and a lifetime love of the water, while instilling responsibility and safety instruction. We offer diving lessons to give kids the opportunity to learn how to springboard dive in a low-pressure, non-competitive, values-based atmosphere. Lessons are taught by Coach Nancy Geiman.

### **Ages**

All students must be at least eight years old and know how to safely swim in deep water.

### **Schedule & Fees**

We offer two options for diving lessons:

#### Option 1:

- Scheduled Lessons take place Saturday afternoons from 1:30-3:00 pm
- \$12 per lesson or \$100 for a package of 10

#### Option 2:

- Private diving lessons may be scheduled during the Y's hours of operations based on your schedule and instructor availability.
- \$30/hour

### **Registration**

Register at the Member Service Desk. Registration is ongoing—you can sign up for diving lessons at any time.

### **For the health and safety of our members and guests**

- Due to the inherent risk associated with the sport of springboard diving, the instructor reserves the right to dismiss or decline teaching any student due to safety risks

### **GREATER NAPLES YMCA**

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